Spirit Competencies

- Be about one's own journey of faith and discovery
  - Prayer
  - Mediation
  - Study of many kinds
  - Arts of many kinds
  - Be with the poor
- Appreciate the limitations of one's own spiritual path and journey.
  - see one's own life whole over time.
  - forgive one's own self, history, and journey including the wounds inflicted on others along the way.
  - practice lament and hope
- Facilitate group practice that :
  - Tend to human passages along the way: marrying, burying, graduating, lamenting and celebrating.
  - Develop group supports for "internal" growth, adaptation including counseling and small group process.
- Listen to the whole person, patient, colleague, citizen.
  - without one's own life dominating
  - listen to the spirit, vitality, purpose without premature categorizing.
- Illuminate and support movement from self to social (and back).
  - appreciate emergent properties of spirit, social, psych and biology at each level
  - without objectifying, manipulating or instrumentalizing
- Appreciate literature and practices of faith and meaning traditions in context of current crisis / opportunity
  - **Challenge tyranny of externalities, superficial measures and short term outcomes**
  - Appreciate transformational potential of one's faith tradition and open appreciation for others'.
- Experience awe, wonder, lament, hope at the edge of the ultimate
  - alone
  - with others